Practice suggestions:
1. Read as treble or bass clef
2. Zero to 6 sharps or 6 flats
3. Recite note names without playing
4. Read music L to R or backwards

Staff spaces

Staff lines

Upper ledger spaces

Upper ledger lines

Lower ledger spaces

Lower ledger lines

Stepwise movement on the staff

Stepwise movement above the staff
Stepwise movement below the staff

Thirds

Fifths

Sixths

Sevenths

Octaves